

Community Action of Orleans and Genesee Employee Newsletter

July 1, 2025

Our mission:: To provide services, with dignity and respect, that help people become self-sufficient

Hello Team:

I hope everyone enjoyed our annual in-service and the extended weekend we had to kick off summer. We received incredibly positive feedback about our speaker, Joe Roberts. You should have received an email from me on June 24th with a link to his e-book.

As we discussed at our in-service, I continue to advocate to protect our funding. At present, it appears the funding that is most at risk is the Community Services Block grant which has been zeroed out in the President's 2026 budget proposal. This is the core funding that makes us a community action agency. I am still often surprised how many people do not know what our agency does and how we are outcome driven to help people become self-sufficient. We work WITH people when they are facing a difficult situation and help them to know it is possible to achieve the American dream. I don't know why anyone would not be in support of that, so I will take from this that not enough people know what we do. One way you can help is to spread the word. We need to raise awareness of what Community Action Agencies are about. We deliver results in direct response to local needs. We know these needs because we conduct community needs assessment every three years. We are held accountable through ROMA. We are required to report our results and outcomes. Even more important are the stories. Parents that can work because they know their children are receiving safe and affordable care. Families who are comfortable and can be healthy in their homes after weatherization or receipt of air conditioner. Successful colleagues that I frequently encounter who tell me that they were a Head Start kid. Students who intended to drop out of high school, graduating and going on to college, trade schools, or finding employment. Families able to put healthy food on the table. The people who come back after we helped them to overcome a serious challenge and say things like "thank you," "I want to give back", "you saved my life".

We are also engaged community members and an important part of our local economy. You should all be proud of the important work you do. Please join me in making sure everyone knows the importance of Community Action Agencies.

Be Part of the Solution

Renée



Stay Safe in the Sun: Summer Heat Tips

1. Hydrate Often

Drink water every 15–20 minutes, even if you're not thirsty. Avoid sugary, caffeinated, or alcoholic drinks.

2. Dress Smart

Wear lightweight, light-colored, and loose-fitting clothing. A wide-brimmed hat and UV-blocking sunglasses can also help.

3. Use Sunscreen

Apply broad-spectrum sunscreen with at least SPF 30. Reapply every 2 hours, or more often if sweating.

4. Take Breaks in the Shade

Rest in shaded or air-conditioned areas during breaks. Use cooling towels or fans if available.

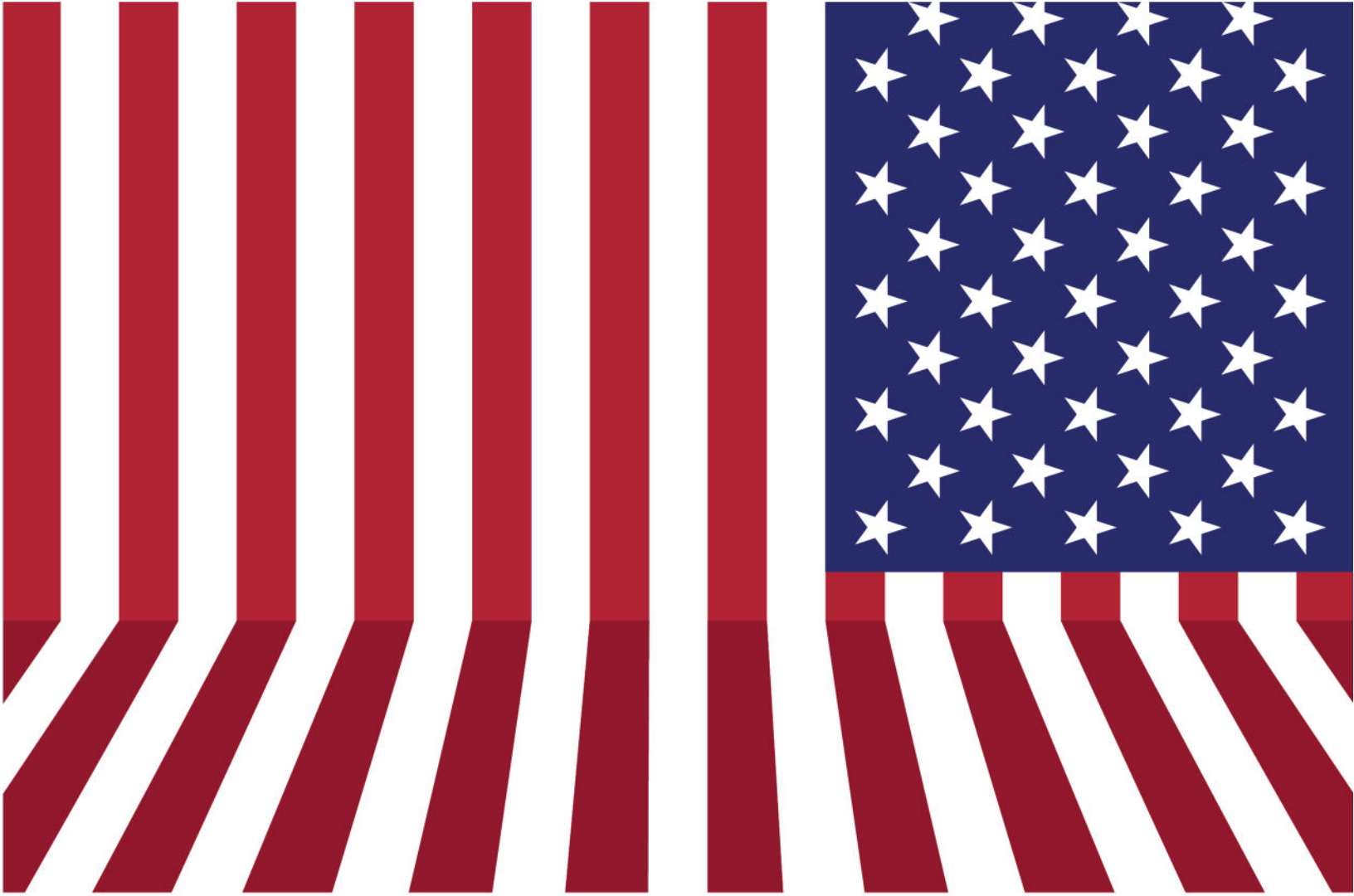
5. Know the Signs of Heat Illness

Watch for symptoms like dizziness, nausea, headache, rapid heartbeat, or confusion. Report any signs immediately.

6. Adjust Work Schedules

If possible, plan strenuous tasks for early morning or late afternoon when it's cooler.





Independence Day

As we approach the Fourth of July, we take a moment to reflect on the values that define our nation – freedom, unity, and resilience. Independence Day is not only a time to celebrate our country’s history, but also a chance to appreciate the vibrant community we’ve built together here at Community Action of Orleans & Genesee.

We wish you and your loved ones a joyful and safe holiday filled with pride, gratitude, and celebration.

Happy Independence Day!





SUMMER RECREATION PROGRAM

With summer vacation fast approaching, why not get your child enrolled in something to keep them active?

Income eligible families can sign their children up for:



**Camp
Dance**

**Sports
Cheer**

Requirements for eligibility:

- *Photo ID for all adults in the household
- *School ID, SS cards or birth certificate for all children in the household
- *Proof of income for everyone in the household
- *Proof of enrollment

Sign ups end 9/30/25

Albion:

Nichole Targa
585-589-5605 ext 101
ntarga@caoginc.org

Holley:

Deb Rothmund
585-638-6395
drothmund@caoginc.org

Batavia:

Shannon Harris
585-343-7798
sharris@caoginc.org



ENJOY THE SUMMER





School Supply Giveaway

Before you know it summer vacation will be coming to an end and school will be fast approaching, let us help you manage the school supply load!

For income eligible families

Required for eligibility:

**Photo ID for all adults in the household*

**School ID, SS cards or birth certificates for all children in the household*

**Proof of income for everyone in the household*

Sign-ups end on 8/8/25

For Albion and Lyndonville Students

Medina Students-District provides school supplies

Location:

**131 S. Main St.
Albion NY 14411
Back entrance**

**Contact: Nichole Targa
585-589-5606 ext 101
ntarga@caoginc.org**





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Required for eligibility:

**Photo ID for all adults in the household*

**School ID, SS cards or birth certificates for all children in the household*

**Proof of income for everyone in the household*

Sign-ups end 8/8/25

Location:

**5073 Clinton St Rd
Batavia, NY 14020**

**Contact: Shannon Harris
585-343-7798
sharris@caoginc.org**





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- *Proof of income for everyone in the household*

Sign-ups end 8/8/25

For Holley and Kendall Students

Location:

**75 Public Sq
Holley NY 14470**

Contact: Debbie Rothmund

585-638-6395

drothmund@caoginc.org



July

2025

Sales Calendar

Hours

Sun/Mon : CLOSED

Tuesday : 11 AM - 4 PM (Donation by appointment only)

Wednesday : 11 AM - 4 PM (Donations : 11 AM - 3 PM)

Thursday : 11 AM - 5 :30 PM (Donations :11 AM - 3 PM)

Friday : 11 AM - 5 : 30 PM (Donations : 11 AM - 3 PM)

Saturday : 10 :30 AM - 3 PM (Donations by appointment only)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 30% off Party Supplies	2 20% off Small Appliances	3 30% off Furniture	4 CLOSED	5 50% off All Holiday Decor
6	7	8 Fill a bag \$5 Books	9 BOGO Shirts	10 50% off Pictures and Frames	11 BOGO shoes	12 30% off Misc Section
13	14	15 20% off Plasticware	16 BOGO Board Games and Puzzles	17 50% off Sport Equipment and apparel	18 20% off Dish Sets	19 Fill a Bag \$15 Supplies for a Picnic
20	21	22 20% off Knick Knacks	23 30% off Glassware	24 15% off End Tables	25 30% off Small Appliances	26 50% off Luggage, Backpacks, Bags
27	28	29 DVD/CD/Computer Games .25 each	30 20% off Linens	31 30% off Porcelain Dolls		

Contact Information

Call: 585-589-1430

Text: 585-203-6873

Email: mainstreetthriftstore@caoginc.org

Facebook: Main Street Corner Thrifts, Gifts and More

July



National Picnic Month

RECIPE: LEMON CHICKEN PASTA



Ingredients

- (1 Box) Farfella/Bowtie Pasta
- (3) Skinless chicken Breasts
- (1) Zucchini chopped
- (1) Yellow Squash chopped



Lemon Juice
(1/4 fresh cup)



Olive Oil



Butter (4TBS)



Lemon Zest
1 TSP.



Parmesan
Cheese (1 Cup)



Seasoning [to taste]

- Salt & Pepper
- Onion powder
- Garlic powder
- Italian seasoning
- Minced garlic
- Fresh parsley


STEPS



*Dinner on the table
under 1 hour!
Fancy. Simple. Bold*

Eastern Orleans Community Center

July 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Tuna Sandwich Mac Salad Chips Pears</i>	2 <i>Pulled Pork Sandwich Garden Salad Corn/ Carrots Watermelon</i>	3 <i>Grilled Cheese Sandwich Tomato Soup Chips</i>	4 <i><u>Center Closed</u></i> 	5
6	7 <i>Tuna Noodle Casserole Peas Pie</i>	8 <i>Roast Beef Sandwich Salad Chips Pears</i>	9 <i>Meatloaf Mashed Potatoes Corn/Carrots Biscuits</i>	10 <i>Ham Sandwich Soup Chips Peaches</i>	11 <i>Goulash Garden Salad Garlic Bread Cake</i>	12
13	14 <i>Hot Turkey Sand Mashed Potatoes Corn/Carrots</i>	15 <i>Egg Salad Sand. Soup Chip Cookies</i>	16 <i>Chef Salad Garlic Bread Fruit Salad</i>	17 <i>Chicken Salad Sandwich Chips Fruit</i>	18 <i>Baked Ham Mashed Potatoes Garden Salad Apricots</i>	19
20	21 <i>Spaghetti & Broccoli Salad Garlic Bread</i>	22 <i>Grilled Cheese Tomato Soup Chips Cookies</i>	23 <i>BBQ Chicken Mashed Potatoes Carrots / Biscuits Garden Salad</i>	24 <i>Turkey Sandwich Garden Salad Chips Peaches</i>	25 <i>Karen's Bday Linda's Bday Pasta Salad Garlic Bread Fruit Salad</i>	26
27	28 <i>Cheese Burger Mac Salad Baked Beans Fruit Salad</i>	29 <i>Hot Dog /Bun Mac Salad Chips Cake</i>	30 <i>Spaghetti/ Meat Sauce Garlic Bread Salad Pears</i>	31 <i>Spanish Rice Garden Salad Garlic Bread Peaches</i>		

*7/7 Farmers Market Coupons 11:30am 7/9 Safe Zone Workshop 10am , 7/11 Craft Class
7/18 Independent Living Presentation 7/22 Mammo Van Here all day , 7/23 SNAP ED 10:30-11:30am
725 Neighborhood Justice 11am, Food Give Away :Mon, Wed, Fri 11am ,Bingo Mon, Wed, Fri 12:00*