

# Community Action of Orleans and Genesee

## Employee Newsletter

April 1, 2025

*Our mission: To provide services, with dignity and respect, that help people become self-sufficient.*

Hello Team:

In March, I had the opportunity to travel to Washington DC to meet with members of Congress to discuss the importance of federal funding that supports our key programs. One example is the Community Services Block grant. I joined a number of colleagues who attended the National Community Action Foundation conference requesting Congressional support in reauthorizing this important grant. We also advocated for continued funding for Head Start and Weatherization.

Community Action Agencies are held accountable to achieve outcomes. We are not about handouts; our mission is to help people achieve self-sufficiency and to provide help during a challenging time. The Community Services Block Grant (CSBG) is the backbone funding source that make us a Community Action Agency. There are one thousand CAAs in the US with forty-seven in New York State. For every CSBG \$1, CAAs leverage \$10.54 from other sources, including volunteer hours, to make a positive difference. We build strong communities and families beginning with Head Start through social programs and transportation for Seniors. We address Health Related Social Needs which are a key driver of positive health outcomes. Added to this, we are an important part of our local economies. We provide meaningful employment for our staff and offer work development to others who go on to become our staff, obtain other employment, or start businesses. This investment, in turn, becomes an investment in the economy of the communities we assist. Helping people to stay out of poverty and stand on their own two feet is something that I believe any political party can get behind. I am thankful for the words of support we have received. During these times of economic difficulty, the assistance we provide to someone in need is more important than ever.

Thank you for your commitment to our community and agency.

*Be Part of the Solution*

*Renée*



# Letchworth State Park

On March 5, 2025, our Batavia office was pleased to accept a generous donation of 750 pounds of food for our Batavia food pantry, courtesy of Genesee NYS Park – Letchworth. This contribution was part of their annual Martin Luther King Food Drive, which highlights a different local food pantry each year. It was a true delight to collaborate with Celestine Simmons and her team. We look forward to collaborating with them again in the future.





## Celebrate National Volunteer Month: The Heartbeat of our Community

April is National Volunteer Month, a special time to honor and celebrate the incredible volunteers who are the backbone of our organization and community.

**Why Volunteer?** Volunteering offers numerous benefits, both for the community and for the volunteers themselves. It fosters a sense of connection, promotes personal growth and provides opportunities to develop new skills. By volunteering, you can make a difference in the lives of others, support important causes and contribute to the betterment of our community.

### How to Get Involved

- Join a local charity – Find a non-profit organization in your area that aligns with your interests and values. Whether it's helping at a food bank, mentoring youth or participating in environmental cleanups, your efforts can make a significant impact
- Share your skills – Offer your professional expertise to organizations in need. Marketing and IT skills are always in need.
- Spread the word – Encourage others to volunteer by sharing your experiences and the benefits of volunteerism. Inspire your network to get involved.

**Thank You, Volunteers!** We extend our heartfelt gratitude to all volunteers. Your selfless contributions help build stronger, more resilient communities. Let's continue to support and encourage volunteerism, not just in April, but throughout the year. Let's make a difference together!

## SAFETY CORNER: April 2025

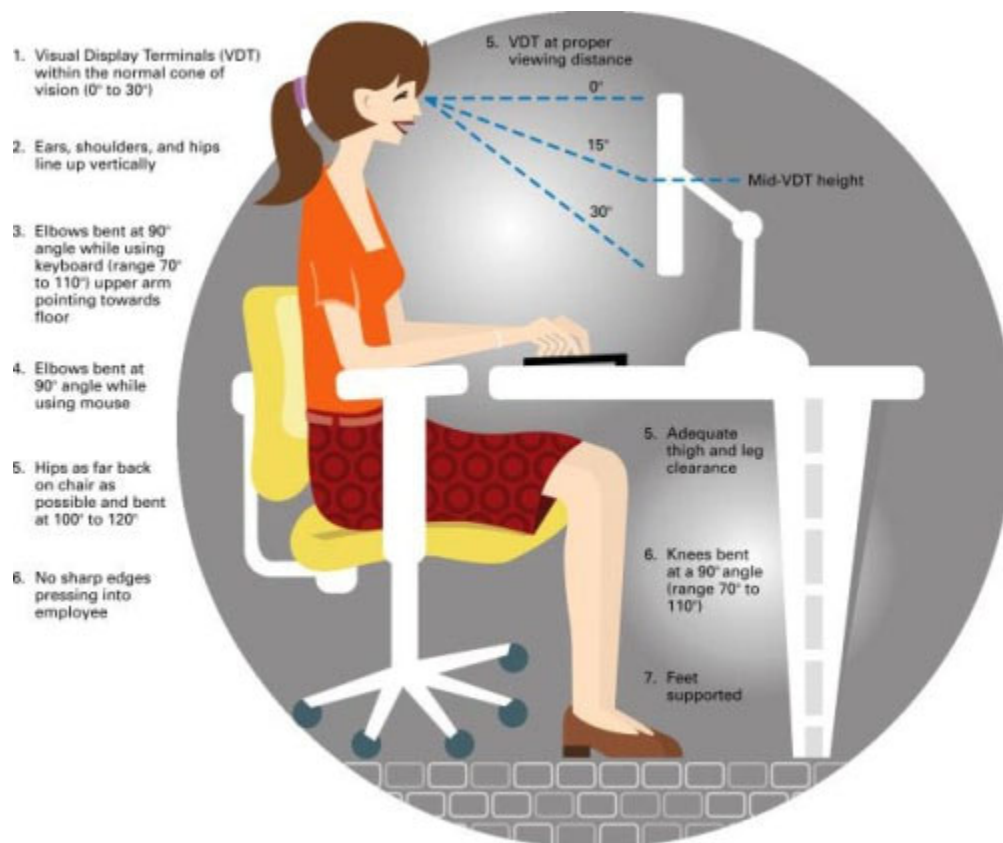
### Ergonomics

As we welcome the warmer days of April, let's take a moment to focus on safety in our workplace. This month, we want to highlight the importance of ergonomics. Whether you're working at a desk or on the move, maintaining good posture and using equipment properly can prevent injuries and improve overall well-being.

Here are a few tips to keep in mind:

- Adjust your chair and desk: Ensure your chair supports your lower back and your feet are flat on the floor. Your desk should be at a height where your elbows are at a 90-degree angle.
- Take regular breaks: Stand up, stretch and move around to reduce strain and fatigue.
- Use proper lifting techniques: Bend your knees, keep your back straight and lift with your legs, not your back.

Remember, a safe workplace is a productive workplace. Let's all do our part to stay safe and healthy!



# APRIL

# Setting Fresh Intentions

SELF-CARE STRATEGIES



OUR MINDS ARE LIKE CLOSETS

## Learn how to declutter your brain



Research shows that taking short breaks, even just 5 to 30 minutes, from larger tasks (such as studying) can significantly boost productivity and enhance retention.



What if nothing is helping & I am still stressed??

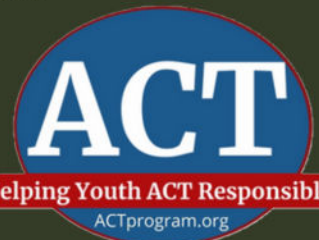
## 3.3.3. TECHNIQUE

- 3 THINGS YOU CAN SEE
- 3 THINGS YOU CAN TOUCH
- 3 THINGS YOU CAN HEAR

Never feel like you have to handle everything on your own -



**REMINDER**



# Eastern Orleans Community Center

## April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> <b>Tuna Sand. Mac. Salad Chips Cookies</b>	<i>2</i> <b>Hot Turkey Sand Mashed Potatoes Carrots/ Corn Fruit Salad</b>	<i>3</i> <b>Center Closed  Staff Conference</b>	<i>4</i> <b>Spaghetti with Broccoli Garden Salad Garlic Bread Peaches</b>	<i>5</i>
<i>6</i>	<i>7</i> <b>Patty M Bday Chicken Stuffing Bake Biscuits/Butter Garden Salad</b>	<i>8</i> <b>Homemade Soup Biscuits Chips/Crackers</b>	<i>9</i> <b>Spaghetti and Meat Sauce Garden Salad Garlic Bread</b>	<i>10</i> <b>Tuna Sandwich Soup Chips Fruit Cup</b>	<i>11</i> <b>Mac-N-Cheese Peas Garden Salad Biscuits</b>	<i>12</i>
<i>13</i>	<i>14</i> <b>Cheesy Chicken over Rice Garden Salad</b>	<i>15</i> <b>Hot Ham &amp; Cheese Sandwich Bean Soup Chips / Peaches</b>	<i>16</i> <b>Scalloped Potatoes With Ham Carrots/ Peas</b>	<i>17</i> <b>Taco's Refried Beans Nacho Chips Ice Cream</b>	<i>18</i> <b>Carol's Bday Baked Ham Mashed Potatoes Green Beans / Roll</b>	<i>19</i> <b>Easter Egg Hunt !0am-12:00pm</b>
<i>20</i> <i>Easter</i>	<i>21</i> <b>Spanish Rice Corn Garden Salad Biscuits/Butter</b>	<i>22</i> <b>Homemade Chicken Soup Salad Chips/Crackers Cookies</b>	<i>23</i> <b>Shepherds Pie Tossed Salad Biscuits/ Butter B-Day Cake</b>	<i>24</i> <b>Judy's Bday Hot Dog/ Bun Baked Beans Tator Tots Carrots</b>	<i>25</i> <b>Rick's Bday BBQ Pork / Bun French Fries Coleslaw</b>	<i>26</i>
<i>27</i>	<i>28</i> <b>Cheese Burger French Fries Green Beans Peaches</b>	<i>29</i> <b>Pasta Salad Green Salad Fruit Salad Garlic Bread Pie</b>	<i>30</i> <b>Cheese Omelet Sausage Home Fries Oranges</b>			
4/11 Fire Dept. Does blood pressure Checks 10am				4/11 Craft Day( Painting Rocks) 12:30pm		
4/19 Easter Egg Hunt 10am-12:00pm			4/23 SNAP ED 10am			
4/30 Neighborhood Legal Project 11am						

75 Public Square PO Box 206  
Holley NY 14477  
585-638-6395

Milk, coffee or water provided with meals  
A \$2.00 donation is appreciated but not required  
Menu is subject to change due to availability of  
supplies

Bingo: Mon. Wed. Fri at 12:00

Food Giveaway Mon. Wed. Fri.at  
10am



# Easter Luncheon



## **Holley Community** **Center**



75 Public Sq.

Holley, NY 14470

(585) 638-6395

If you have any questions

April 18, 2025

***11:00 am- 12:30pm***

Ham, Mashed Potatoes and all the fixings.

Please come and Enjoy Good Company

And

Great Food

# Easter Egg Hunt!

*When—April 19th*

*Time—10:00am— 12:00pm*

*Where—Eastern Orleans Community Center  
75 Public Square  
Holley, NY 14470*

**Age Groups— 1 yr. olds to 2 yr. olds**

**3 yr. olds to 6 yr. olds**

**7 yr. olds to 10 yr. olds**

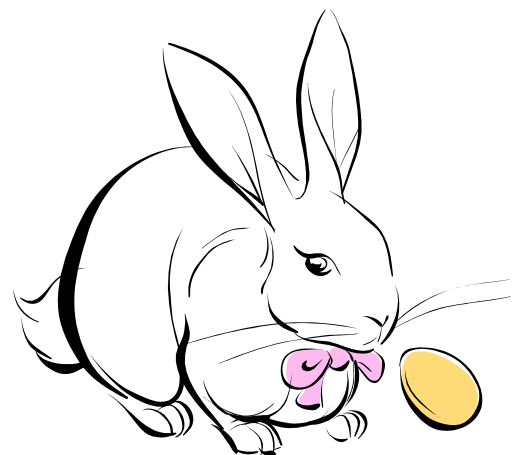
**Cookies**

**Coffee**

**Juice**

**Candy Filled Eggs**

*Sponsored by: The Clarendon Lions Club*



For any questions please  
call:

Orleans County Residents

Albion: (585)589-5605

Holley: (585) 638-6395

Genesee County Residents

Batavia: (585)-343-7798



# Emergency Services

## Utility Assistance:

assist with gas, water and electric shut off



## Emergency Rental Assistance:

assist individuals and families at risk of eviction.



## Clothing Assistance:

Holley—Community Closet

Batavia— Community Closet

Albion-Voucher to Main Street Store or  
Holley Community Center



## Case Management Services



Basic Eligibility:

**ID for ALL members in the household.**

**Adults-** Government issued photo ID (if you do not have one we may be able to help you get one) **Children-** Birth Certificate OR School ID OR Insurance card (If the insurance card is provided and it doesn't have the child's date of birth on it please provide that information)

**Proof of income for ALL members in the household 18 years of age and older.**

**Social Security approval letter of the current year –or- 4 most recent paystubs** (if paid biweekly provide the 2 most current paystubs) - or—**DSS budget sheet** (can be faxed to **585-589-9015**) - or—**Bank statement**—or—**Zero income statement**

**Important:** anyone 18+ who does NOT receive income MUST complete the attached zero income statement. \*\* if you receive SNAP or TANF benefits, the easiest way to prove income is to call the department of social services at (585) 589-7000 (Orleans) (585) 344-2580 (Genesee) and ask them to fax your Budget Sheet to (585) 589-9015\*\*

## Other Services:

Hygiene

Cleaning

Diapers



## Food Pantry:

Available as needed every 30 days

Emergency Food pantry: located outside each location (Albion, Batavia & Holley).

Surplus: available

Wednesdays Albion

and Monday,

Wednesday and

Friday's in Holley.



# April

2025

## Sales Calendar

### Hours

Sun/Mon : CLOSED

Tuesday : 11 AM - 4 PM (Donation by appointment only)

Wednesday : 11 AM - 4 PM (Donations : 11 AM - 3 PM)

Thursday : 11 AM - 5 : 30 PM (Donations : 11 AM - 3 PM)

Friday : 11 AM - 5 : 30 PM (Donations : 11 AM - 3 PM)

Saturday : 10 :30 AM - 3 PM (Donations by appointment only)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 BOGO shoes	2 50% off Small Appliances	3 50% off Kids toys	4 BOGO CD/DVD	5 30% off Electronics
6	7	8 30% off Furniture	9 50% off Hand Bags/ Purses/ Backpacks	10 30% off Glassware	11 30% off Plasticwares	12 BOGO All dishes
13	14	15 50% off Kids clothing/ Shoes	16 BOGO Puzzles and Games	17 30% off Chairs	18 50% off Luggage	19 50% off storewide!! Happy Spring!
20	21	22 20% off Dish Sets	23 30% off Knick knacks	24 All Cups and Mugs .25	25 50% off Cream and sugar set	26 30% off Candles and candle holders
27	28	29 25% off All lighting	30 30% off Miscellaneous Section			

### Contact Information

Call: 585-589-1430

Text: 585-640-1329

Email: [mainstreetthriftstore@caoginc.org](mailto:mainstreetthriftstore@caoginc.org)

Facebook: Main Street Corner Thrifts, Gifts and More

# Rock Painting

April 11, 2025  
12:00pm – 2:30pm

## Eastern Orleans Community Center

75 Public Sq.  
Holley, NY 14470

Any questions please call  
(585) 638-6395

