

Child Care Chronicle

Summer 2013

From Child Care Resource & Referral
A Program of Community Action of Orleans & Genesee

CCR&R Staff:

- ◆ Lisa M Friesen- Coordinator
- ◆ Judy Martino- CC Specialist
- ◆ Taryn Moyle, CC Specialist
- ◆ Kari Powers- Trainer
- ◆ Cheryl Cotton- Health Care Consultant
- ◆ Bonnie Malakie- Director

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News from the Coordinator

Hello Summer, its about time! I was beginning to wonder if the Spring rains would ever stop!

This has been a crazy year so far, so little snow, so much rain. Hopefully, now you can get your children outside to play, explore and enjoy nature.

This quarter, around July 31, CCR&R should find out whether or not we passed the National CCR&R Quality Assurance Certification. The staff at CCR&R have improved greatly from the previous three years of trainings, documentation and upgrades that has been put in place. Hopefully, the providers and parents we serve will reap the benefits.

In both Counties, CCR&R has available Start-up grants, so if you are changing modalities, (i.e. Family Child Care to Group Child Care), or you are moving to a different location this grant is for you.

In Orleans County, I have one more Compliance grant; this grant is to be used for emergency items only, (i.e. a new hot water heater, CO or Smoke detectors, fire extinguishers). Call me for more details.

CCR&R has signed up for the Child Care Aware Training Academy. Which means our providers may sign up for OCFS approved trainings on the internet and receive the training from the comforts of your home. Call me for details.



"I scored a goal!"
Photo Courtesy of
Carrie Wies'
Life's Little Stages

I sincerely hope you enjoy reading the remainder of the Chronicle, get some great ideas, new crafts to make and new games to play.

With Warmest Regards,
Lisa M Friesen
CCR&R Coordinator

Kari's Korner

Baby You're Firework! Patriotic Ideas for the Home and Classroom

While we will be celebrating our Nation's Independence July 4th, there are many times throughout the year you can incorporate these ideas and activities into your curriculum. President's Day, Memorial Day, Flag Day, Veterans Day, Election Day are just some examples.

United States of America



Our Flag
(tune: The Farmer In the Dell)
Red, white and blue
Red, white and blue
My flag and your flag

Is red white and blue Stars and Stripes

(Tune: Row, Row, Row Your Boat)
Wave, wave, wave the flag
As we march around
Hold it high to show our pride,
It must not touch the ground

Wave, wave, wave the flag
Dear red, white and blue.
Stars and stripes forever
bright America to you!

Kari's Korner (continued)



"It's My birthday!!"
Photo Courtesy of
Peggy Wrights Kids R
Special Family Child
Care

*You are never too
old to set another
goal or to dream
a new dream.*

C. S. Lewis



"We visited a giant
mouse!
Photo Courtesy from
Sabrina Campbell's
Lil' Angels



United We Stand

Patriotic Bead Patterning

Gather several packages of red, white, and blue pony beads and white pipe cleaners. Make a few example patterns with the beads on the pipe cleaners. Set the remaining beads and pipe cleaners on a table and allow the children to copy any of the patterns on their own pipe cleaners (Warning! Choking hazard for babies and toddlers, make sure the children working on this are age appropriate for this activity). Twist the ends together to make a patriotic bracelet for the children to wear!

Patriotic Hand Print

To create this clever project, first paint a blue square on the palm of the child's hand. Then paint white and red alternating stripes down the fingers. Press hand down onto light blue paper to make a print. Once dry, add a star to the blue area using a white paint marker. Mount on slightly larger red



paper to create a frame. You can hang this flag craft up for Memorial Day or the 4th of July, or make it into a card to send out to a Veteran or Service Member.

Star Cookie Cutters

Using a large sheet of red construction paper (12x18 at least) have children paint with white paint stripes on the paper (you can also beforehand draw lines with pencil to show where the children should paint to make them "even"). Then on a sheet of 3"x4" paper have the children use small star shaped cookie cutters and have them press into white paint to make stars on the paper. When dry, attach to the red striped paper to



make a fun flag!

Red, White, and Blue Puffy Paint Pictures

Mix equal parts flour, salt, and water to make puffy paint. Divide mixture into three bowls and mix one bowl with blue food coloring and another with red. Fill the mustard squeeze bottles with the mixture (one color per squeeze bottle). Let the children squeeze the different colors onto the cardboard. Allow the children's art work to dry. When it's



dry, the design will be raised and sparkle!!!

Sparkly Fireworks

Have the kids make their own fireworks by using pipe cleaners, paint, and of course glitter! Take four pipe cleaners, fold them in half to make a bundle, and twist the bottom to make a handle. Then fan out the pipe cleaners to make a star shape. Add a little bit of Elmer's Glue and glitter to various colors of paint, and have the children dip their star brushes into the paint mixture and onto a sheet of black paper.

Red, White, and Blue Snacks

Dip Strawberries into white chocolate leaving a section of the red showing at the top. While the chocolate is still warm, dip the bottom part of the strawberry into blue sugar. Create a layered drink with cranberry juice, blue Gatorade and diet 7-up. The different amount of sugar in each drink allows it to layer and not mix, resulting in this fun summertime treat! Pour the drinks in slowly and on top ice to gently layer.

Free Fourth of July
Printable Pack!

<http://www.overthemoon.com/4th-of-july-pre-k-pack-expansion/>

Welcome to the Infant Toddler Corner

Brought to you by the WNY Infant Toddler Resource Network

Why aren't we supposed to use sunscreen on babies under six months old?



It's a well-known rule and it is printed on most sunscreen bottles, but have you ever wondered the rationale behind it?

This article is for all of our "Why People", out there! After checking a few sources, it seems that there are two main reasons that sunscreen is not recommended for babies less than six months old. One reason is:

A newborn baby's skin is considerably thinner than the skin of an older baby.

- ◆ By six months, most

babies have developed at least slightly thicker skin.

- ◆ This is important because when we first started to use sunscreen, we were not aware of any long-term effects of its use.
- ◆ The fear was/is that the thin skin of babies under six months would allow too much of the sunscreen to absorb into the body.

Now, doctors tend to recommend that you avoid using sunscreen on these younger babies if possible, but that using a small amount on uncovered areas is less risky than sun damage would be.

The second reason is: *Encourage parents and other caregivers to keep young babies as covered and shaded as possible.*

- ◆ Being covered protects them from the sun and shade does too.
- ◆ Shade also keeps babies a bit cooler when out side.

- ◆ With such small bodies, babies are more likely to overheat than older children.

So now you know! Have a fun-filled and safe summer!

When the baby reaches six months

It is time to use sunscreen. When choosing baby sunscreen, please remember to:

- ◆ Pick sunscreen with an SPF of at least 15.
- ◆ Apply sunscreen generously
- ◆ Reapply every two hours – or more often if your baby is spending time in the water or perspiring.
- ◆ To avoid irritating your baby's skin and eyes, consider using a sunscreen that contains only inorganic filters, such as zinc oxide and titanium dioxide.
- ◆ Avoid using products that combine sunscreen and the insect repellent, since the latter may irritate the baby's skin.



Optimism is the faith that leads to achievement.

Helen Keller



"My future is so bright, I have to wear shades!"

Photo Courtesy of YMCA

For more information on infant and toddler care, please contact the:

WNY Infant Toddler Resource Network

1000 Hertel Avenue

Buffalo, NY 14216

1-866-281-4739 x 3065

www.wnyinfanttoddlersolutions.com



"It is my birthday too!"

Photo Courtesy of
Peggy Wrights Kids R
Special Family Child Care

Lisa's Labyrinth



"Can't we hear rock and roll instead of this 'Pomp' song"
Photo Courtesy of
Batavia ABCD
Child Care Center

*If You can
dream it,
you can
do it!*

Walt Disney

"We are very busy!"
Photo Courtesy of
Jennifer Hughes'
Precious Gems



Baseless Baseball

This game is for school-agers

Set Up

- ◆ Place Targets around yard. Targets could be rocks, hula hoops, boxes or stationary targets like trees, stairs, etc.
- ◆ Place Targets at various distances from home plate
- ◆ Divide students into two teams:
 - The Red Sox 
 - The Yankees 
- ◆ Pick an target for home plate

Directions

1. Put one team in the field, (the Home team) to gather the balls.
2. The team in the field cannot prevent hits
3. The other team (the Away Team) takes turns batting.
4. Give first player on the Away Team a tennis ball
5. Player aims and throws at targets & is awarded hits
6. The closest targets are singles (1 run)
7. Farther targets are doubles or triples (2, 3 runs)
8. And the farthest target is a home runs (4 runs)
9. If player misses all targets, it is an out
10. Three outs, the teams switch places and start again.
11. Team with the most runs wins the game

Variation #1: Instead of giving a player an out on their first throw, give them a strike. After three missed throws then the player receives an out.

Variation #2: For older children:

- ◆ Make a running path
- ◆ Mark bases with cones or other objects, along that path
- ◆ When player throws (or kicks) the ball, he runs
- ◆ He keeps running until a child in the field gets the ball and yells Stop
- ◆ The runner must stop at the closest base
- ◆ When a player reaches home plate, it is a run
- ◆ A ball caught in the air is an out.

Cross Step

This is game is for school-agers.

Set up

- ◆ Draw a 10 x 10 grid, (10 rows, with 10 squares per row) on your driveway or parking lot with chalk
- ◆ Have each player stand in a square.
- ◆ Give each player a piece of sidewalk chalk

Directions

- ◆ Each player must move left, right, backwards or forwards.
- ◆ Players move at the same time. Use a bell to time the moves
- ◆ As a player moves s/he must cross out the square they were previously standing in.
- ◆ A player cannot step into a square that has already been crossed out.
- ◆ When a player can no longer take a step, they are out.
- ◆ The last player standing wins!

Variation: Less than 5 players, make a smaller grid.

Over the Water

A game for toddlers; tune is "My Bonnie lies over the ocean"

Directions

A simple verse is sung and each child gets a turn to be the "star" of the song. Before each verse, the adult asks the child what they you like to catch.

(Child's Name) is over the water
(Move right hand out like a rippling wave.)

(Child's Name) is over the sea
(Move left hand out in same way.)

(Child's Name) catches a tiger
(Grab in front of you to "catch" the animal.)

But you can't catch me! (Point at another child and tries to chase and catch child)

Find Your Friend

This game is for preschoolers.

Set Up

- ◆ This game should be played in a gym or out side as long as the land is flat and there are no trip hazards.
- ◆ Blindfold all children
- ◆ Set them a distance apart from each other
- ◆ Spin them gently/slowly around, and then turn them loose.

Directions

1. They must find their friends, link arms
2. The pair must then find someone else, links arms
3. The game is over when all the children are linked together

Be sure an adult is present at all times. Monitor the children; you do not want them falling over rocks, or bumping into walls or trees.

Judy's Jamboree

Activity ideas for children:



1. Visit your city's website. If you do not know the website address, find it on a search engine. Type your city name and state in the search bar. Click "Search" and click on your city website link in the search results

2. Click in the "Search" bar on the city website and type "Summer Activities" if the listing of summer activities is not



listed on the front page of the website. Browse through the listing of activities and look for the free activities that interest you. If you do not have the internet, you can contact your city activity committee over the phone.

3. Open your local phone book and visit the

"Recreation" section. Contact the numbers next to the activities and ask the person that answers about any free activities for the summer. You can also find out about other free summer activities by looking at your local community board. Visit your local grocery stores, libraries and post offices and ask a service representative where the community posting board is located. Look through the local advertisements for free summer activities that you may like.

4. When it rains outside and the children are looking for something to do...Build a "fort" in the living room. Visit your local stores that give cardboard boxes away. Color them, and cut "windows" out for them to look through. A living room "fort" could be as simple as a few kitchen chairs gathered in a circle with a large bed sheet thrown across them and draped to the floor. The kids can read books, or pretend they are camping out in the living room.

5. Create a "mini-me". Find a piece of large poster board wide enough for your kids to lay down on. Use a dull

pencil, (less chance for boo-boos), to trace their body to the paper. Now let the kids decorate the kids to look like themselves in the same clothes they are wearing, same color eyes, hair, etc. When they are finished, help them cut out their mini-me for proud display.



"We love getting hugs from our teacher!"
Photo Courtesy of YMCA

Children can really enjoy having their "own special place",

This sunflower spot can seem very special, and private to a child, yet be in full view of their child care provider. What a perfect combination!



To build this pretty little "Sunflower house" all you need is a handful of seeds, a garden area to grow the sunflowers, and a few gardening tools.

Even if you fall on your face, you're still moving forward.

Victor Kiam

"We played soccer all day. We are very tired!"

Photo Courtesy of Carrie Wies
Life's Little Stages



TARYN'S THINGAMAJIGS



"I am all wet!"

Photo Courtesy of Sabrina Campbell's Lil Angels

By Failing to prepare, you are preparing to fail!

Ben Franklin



"We are computer experts"

Photo Courtesy of Batavia ABCD Child Care

Long days of summer are finally here! You have more time to get to know the kids, be more creative with your themes, and explore much more! Here are a few things to keep you going!

FREE THINGS TO DO THIS SUMMER!

1. **Create a Play or Musical** Have your kids come up with an original play or musical and act it out for you at the end of a days practice. *Supplies:* imagination, props or costumes from household items
2. **Make Mazes and Puzzles** An easy way to keep your kids occupied for hours with minimal supplies. *Supplies:* pens/pencils, paper
3. **Pen Pals** Working on writing skills this summer or just make a friend from far away or different camp look into becoming pen pals. *Supplies:* pen, paper, stamps, envelopes, pen pal

Use Your Noodle

Get set: Cut a few swimming noodles in two, so that you have one half for each player. Scatter 20 or so blown-up balloons on the ground around a laundry basket.

Cooperate: Give players five minutes to move as many balloons as possible into the laundry basket without touching the balloons with any body part. The catch? The only tool they can use is their pool noodle. At first, players may try batting the balloons into the basket, but they'll soon realize that they must pair up and use two pool noodles like giant chopsticks to lift the balloons into place.

Ingredients

- ◆ large marshmallows
- ◆ Chocolate for melting
- ◆ graham crackers
- ◆ cake pop sticks

Instructions

1. Place 4 graham crackers into bag and crush., place on plate
2. Melt chocolate pieces in microwavable for 1 minute. Stir and place back in microwave for 30 second intervals until the chocolate is melted and smooth.
3. Take cake pop stick, dip into chocolate and insert into marshmallow, set to the side to harden.
4. take marshmallow on the stick and spoon chocolate over the marshmallow.
5. Sprinkle crumbled graham crackers on it.

ENJOY

S'mores Pops



A Quick Laugh

Q: Why is a swordfish's nose 11 inches long?

A: If it were 12 inches long it would be a foot!



News from the Director

HAPPY SUMMER!!!!

I have just finished reading this newsletter and am so impressed with the ideas that have been included for fun indoors and outdoors for all ages and for little or no money! As I was reading I recalled memories of childhood summertime and the great opportunity to learn, explore, grow and relax that summer brings! Remember, no matter how much fun children are having they are also learning and growing at the same time and as their care provider YOU get to be such a big part of that! Enjoy the children and enjoy yourself this summer!

As this newsletter is being sent out to you we are waiting to hear about our contract with OCFS for the coming year (beginning 10/01/13). I expect we will have to make some changes in a short period of time. Therefore, I am asking that you provide any feedback to Lisa and/or me about any thing you would like to see us do differently in the coming year. We have been told that it is likely we will have a budget reduction due to sequestration but we do not know how much that will be. We are all committed to providing you with what you need to do your special job

of caring for children in safe environments and providing activities that promote learning and growth in all children!

Email me at: bmalakie@caoginc.org or call me at 589-5683.

May your summer be safe, active, restful and relaxing all at the same time !

PS- The next CCR&R Advisory Board meeting is in Batavia at 3:00 on July 24. This group meets quarterly to review and plan for the program.

If you would like to join this important group please contact Lisa!



"We are in a Parade!!!"
Photo Courtesy of Peggy Wrights Kids R Special Family Child Care

I believe in the idea of the rainbow. And I've spent my entire life trying to get over it.

Judy Garland

The Talent in Children

"There is a wealth of talent that lies in all of us. All of us, including those who work in schools, must nurture creativity systematically and not kill it unwittingly."
-Sir Ken Robinson, PhD

We talk about the challenging behaviors that are on the rise in early childhood programs, the growing number of children and adults relying on medication to get through each day, and the recurring tragedies in the news. Schools point their fingers at parents, parents point their fingers at the schools, and children point their fingers slowly at flashcards given from parents and teachers alike.

For the past hundred years, we have pushed our children

to develop skills and intelligence in the areas thought to be the most profitable in the adult world. We have done this out of concern for our children and their future. However, we have done this at the expense of something much more important: passion and individuality.



How can we find our passions? It is never too late to find your passion and the thing that you do best. We owe it to our children. If we

have not found our passions yet, we cannot support young children in finding their own passions.

The next time you start to interrupt the thing your most challenging child is doing, ask yourself the following questions:

- ◆ Is he doing something he is really good at?
- ◆ Do I need to stop her?
- ◆ Is there a better way he can keep doing this thing?
- ◆ What does she do to be happy and content?
- ◆ How can I find a way to offer him more time to do the thing he loves?

Article Courtesy of



"I am scared! Are you?"
"Just a little."

Photo Courtesy of Jennifer Hughes' Precious Gems

Let's Barbeque!



"We are taking a walk!"

Photo Courtesy of Peggy Wright's Kids R Special Family Child Care

Experience is simply the name we give our mistakes.

Oscar Wilde



"Happy Birthday to Me!"

Photo courtesy of the YMCA

The weather is warming up and many people are starting to have barbeques with friends and family. Follow these tips for a healthy and safe cookout:

1. Food safety starts at the store.
2. Buy your meat, poultry and seafood right before heading to the checkout line.
3. Place each package in the plastic bags available so that juices will not get on other foods.
4. Head straight home from the grocery store and immediately put meat, poultry and seafood in the refrigerator or freezer.
5. These foods should spend no more than 2 hours out of the refrigerator and only 1 hour if the temperature is 90 degrees or hotter.
6. Use the refrigerator to safely thaw any meat, poultry or seafood.
7. Thawing may take 24 hours or longer so plan ahead.
8. Meat and poultry can be marinated for up to 2 days.
9. It's best to marinate seafood only an hour before cooking. Consider adding marinade to meat before you freeze it.
10. Remember when marinating food to keep it in the refrigerator.
11. When traveling with food to a picnic or party, remember to keep it cold.
12. Pack it with ice packs in a cooler or freezer bag.
13. Keeping everything clean is a must.
14. Use hot soapy water to wash surfaces, hands, cooking utensils and dishes.
15. Use a clean plate when taking cooked food off of the grill and not the plate you used to bring the raw food to the grill.
16. Use an instant read thermometer to make

sure your meat, poultry and seafood are cooked to a safe temperature.

17. Cooking it to a safe temperature also means the food is cooked to perfection.
18. Cook whole poultry, poultry pieces and ground poultry to 165 degrees.
19. Cook ground meats to 160 degrees.
20. Cook steaks, roasts and chops to 145 degrees and let them rest for 3 minutes.
21. Keep hot foods hot. Make sure hot foods are kept at 140 degrees or warmer.
22. Keep cooked meats on the side of the grill not over the direct coals to keep them warm.

Enjoy!

Article Courtesy of



Cornell University
Cooperative Extension

Need Help at your Site???

Do you have a screaming child, a disgruntled parent, or a curriculum that just isn't working for you? This is just a sample of problems that you may face at your child care facility. Call CCR&R and Kari, Lisa or Taryn will come to your site, observe, assess and plan with you a course of action that will meet your needs.

This action may include trainings, meetings or other on-site technical support to solve the issue and get you where you want to be.



Music and Movement

We are all born to naturally love music. Music calms, allows for self expression, and supports physical, cognitive, language, and motor skill development. Research shows music supports brain development at birth by making important connections between brain cells. It has also shown children who are actively involved in music activities do better in reading and math when they start school, are able to focus more, control their bodies and are able to play better with others and have better self esteem.

Listed here are some activities and tips that can bring happy musical experiences to infants and toddlers.

- ◆ Play different types of

music from classical to folk.



- ◆ When children are introduced to different types of music, they are learning about different cultures.
- ◆ Play music with a purpose. Playing music in the background all day can cause children to act out.
- ◆ Join in! Sing, dance, play instruments.
- ◆ Make up songs.
- ◆ Make music by clapping, humming or whistling.
- ◆ Make music part of routines. Sing during

clean up time or during diapering.

- ◆ Use a musical instrument to signal a transition is coming.
- ◆ Play lullabies or soft classical music during nap times.

Whether singing along to

Make music and movement a part of everyday life!

a CD, singing along with you, playing an instrument or dancing, children are seen laughing and having fun. Be sure to make children happy and add music and movement activities everyday!

Article Courtesy of



"We're driving to Florida!"

Photo Courtesy of Carrie Wies' Life's Little Stages

The only source of knowledge is experience.

Albert Einstein

Water with a Twist

Ingredients:

- Your choice of the following fruits or vegetables:

- ◆ Oranges
- ◆ Lemons
- ◆ Limes
- ◆ Strawberries
- ◆ Pineapple
- ◆ Cucumber
- ◆ Chilled water

Directions:

1. Wash fruit or vegetable and cut into slices.
2. Add slices of your choice to a pitcher of water.
3. Squeeze citrus to release more flavor into the water.
4. Feel free to mix and match different fruits!
5. Serve and enjoy.
6. Eat the fruit as you

drink or when you're done!

Variation: Use seltzer water instead of plain water

Source: Choose Health: Food, Fun and Fitness; Cornell University Cooperative Extension

Article Courtesy of



Cornell University Cooperative Extension



"We are wearing our Sunday Best"

Photo Courtesy of Mary Adams Child Care



"We are planting a tree!"

*Photo Courtesy from
Sabrina Campbell's
Lil' Angels*

*Education is when
you read the fine
print; experience is
what you get when
you don't.*

Pete Seeger

Muddy, Muddy, Muddy

Mud play is not only fun - it has as much potential for learning as sand play and water play.

Mud patches

If you have the room in your play ground and the resources creating a permanent digging patch this solution works well: Mix the dirt approximately 1/3 sand to 2/3 soil. You should now have a more friable and diggable mix.

Muddy Props

For the mud patch, props are limited only by your imagination.

- ◆ Tree stumps or tree cookies to use as table surfaces

- ◆ Pots, pans
- ◆ Large metal or plastic bowls
- ◆ Cooking utensils
- ◆ Squeeze bottles
- ◆ Funnels
- ◆ Trucks
- ◆ Animals / dinosaurs
- ◆ Natural materials
- ◆ Sifters / colanders
- ◆ Molds
- ◆ Gardening tools

Mud in the tub

Bring a supply of dirt from your backyard to inside the classroom?

You could add:

- ◆ child sized gardening tools
- ◆ containers
- ◆ flower pots
- ◆ rocks, seed pods, sticks

- ◆ plastic insect, animals, dinosaurs

Mud and the Arts

- ◆ Make mud prints. Place your mud-covered hands and feet on a clean sheet of paper to make an impression. Concrete floor or wooden pallets are good substitutes for paper.
- ◆ Take an old table outside. Instead of paint, fill your paint tubs with mud and let the children explore with brushes or their fingers to make marvelous mud paintings.
- ◆ Add a small quantity of white glue to mud for a different finger painting experience.

OCFS Training Topics

1. Principles of Early Childhood Development
2. Nutrition & Health Needs of Infants & Children
3. Child Day Care Program Development
4. Safety & Security Procedures
5. Business Record Maintenance & Management
6. Child Abuse & Maltreatment Identification & Prevention
7. Statutes & Regulations Pertaining to Child Abuse & Maltreatment
8. Statutes & Regulations Pertaining to Child Day Care
9. Identification & Prevention of Shaken Baby Syndrome

SUNY Video Conferences

The SUNY videoconferences are:

38 Woodrow Rd. Batavia
Batavia, NY

September 26: Health, Safety and Nutrition with a Focus on Obesity Prevention

Orleans County Location:
CCR&R
113 East State Street,
Albion NY

October 17: Family and Community Relationships with a Focus on Bullying during the School-Age Years

November 14: Administration and Management with a Focus on Child Day Care Regulations

Time: 6:45-9:15 pm
Genesee County Location:
Genesee ARC Community Center

*To find out about the 2013
SUNY Video Conferences,
please contact SUNY:
www.tsg.suny.edu*

Before attending a SUNY Video Conference, please watch **R News** (Channels 9 or 14), **Buffalo News** (Channel 7) or listen to **WBTA** for cancellations!

Summer Training Schedule

Fees- Fees: \$5- 0-3 hours:
\$10- 3.5 to 5 hours (snack provided);
\$20- 5 hrs. or more (prepaid, meal provided)
Times- 6:30- 8:30 (unless otherwise specified)
Locations: (A) 113 East State Street, Albion
(B) 5073 Clinton St Rd, Batavia



"We are taking a break"

Photo Courtesy of
 Carrie Wies'
 Life Little Stages

Training Track: The 4-A Epidemic

Don't miss this new training series as we take an in-depth look at four increasingly common childhood illnesses and disabilities: Autism, ADHD, Asthma, and Allergies. Cost for this training track is \$5 for each training, or \$12 if you sign up for all three.
Autism- July 16 (B); ADD/ADHD- July 18 (A); Asthma & Allergies- July 23 (A)

Food Safety and Nutrition (2, 4, 7) July 10 (B), July 17 (A)

This training will discuss the special regulatory considerations that must be taken when preparing food for the children in your program. We will also cover the topic of infant feeding as well as learn ideas for making meal time fun and enjoyable, even for your pickiest eaters.



*Excellence is
 not a skill.
 It is an
 attitude.*

Ralph Marston

Christmas in July: 6:30 - 8:30 pm

Sponsored by Orleans County Helping Hands

**July 24, (A) These three trainings listed will be at Hoag Library
 Seasonal Art & Craft, 40 Minutes (1, 3)**

Make and Take Craft to do with your children during the season

Dignity in the Classroom, 40 Minutes (1)

Teaching children to care about one another in spite of the color of their skin, the God they worship or the way they speak is a formidable task. This training will help you begin the process of motivating children to act with dignity and respect to all other children and adults.

Paperwork! Paperwork! Paperwork! , 40 Minutes (5)

This training will focus on the numerous paperwork providers have to deal with from Attendance Sheets to Schedules. Bring your most difficult paperwork and we will help make it easier to deal with.

Including Every Child-Making Inclusion Work in Your Program (3, 4) July 25 (B), July 31 (A)

This training will discuss the benefits of inclusive child care and techniques for adapting activities and the environment for children with special needs.

Incorporating Technology in the Early Childhood Program (3) August 7 (B), August 14 (A)

IPads, Smart Boards, and Pinterest, Oh my!!! Do you feel overwhelmed with the latest in classroom technology? Come and discover some fascinating websites as well as some fun apps and learning tools you can begin to use in your Program.



*****IMPORTANT *****
*****INFORMATION*****
 Submitting Your EIP
 Application:
 If your course starts between
January 1 and June 30,
 You must submit you applica-
 tion *no later than June 1st*

 If your courses start between
July 1 and December 31,
 you must submit your
 application between
May 15th and December 1st
 of that year!
 Applications received before or
 after these dates will be re-
 turned!

 However, the sooner the
 applications are submitted, the
 better the chances of receiving
 the scholarship!!!!

Summer Training Schedule



"We are reading a book"

Photo Courtesy of
Jennifer Hughes'
Precious Gems

*Don't limit a
child to your
own learning, for
he was born in
another time.*

Rabindranath Tagore

August 22, 2013 (B) (Location TBA): 6:30 - 8:30

Sponsored by Genesee County Child Care Coalition

Hot Buttons: Infants to School Aged, 1 hour (1, 3)

Each of us has our own buttons when it comes to what is and what is not acceptable behavior. Sometimes, we know that a behavior is developmentally appropriate but still drives us crazy. Discover how to help parents, coworkers and yourself recognize these hot buttons and develop strategies to overcome them in the interest of the children being care for.

Movement and Children, 1 Hour (1, 2, 3)

Children need to move on a regular basis. Movement is likely the most effective means we have of directly improving our brain functioning. This is because the nervous system

Establishing An Anti-Bullying Program In Your Center (1, 3)

September 3 (B), September 11 (A)

Discover the myths and facts about bullying and how they guide what we can do for children. Learn about the types of bullies, the impact bullies have on their victims, and the effect bystanders can have on the situation. Participants will have an opportunity to share their struggles and leave with strategies to combat bullying.

For the Love of Books: Teaching Children to Find the Joy in Reading (1, 3)

September 18 (B), September 25 (A)

Do you have a child who loves to hear the same book over and over again? Join us and find the reasons to read and reread stories to children!!! You will also learn and practice ways to make storybook reading an interactive and enjoyable experience, as well as explore age appropriate books you can read with the children in your care.



15 Hour Health and Safety Course for New Family/Group-Family Providers

July 20, July 27, 8:00 am-4:00 pm



*"We built a
train track"*

Photo Courtesy of
Batavia ABCD Child
Care Center

ITRN Training

Play and the Early Learning Guidelines, (1)

Tuesday, September 10, 2013 (Hoag Library in Albion)

During this make-it-and-take-it workshop, you will have fun creating playthings for infants and toddlers. We will discuss how these and other toys encourage growth in the five developmental Domains listed in the [NYS Early Learning Guidelines](#).



COMMUNITY ACTION OF ORLEANS & GENESEE

Batavia Office
5073 Clinton St Rd, Batavia NY
Phone: (585) 343-7798

Orleans Office
113 East State St, Albion NY
Phone: (585) 589-5088

Community Action of Orleans & Genesee operates a multi-purpose human service agency. Community Action brings together local citizens, including low-income persons, to provide their community with a voice regarding the opportunities that will best help all of their members to be self-sufficient, productive and to contribute to community life. We work in collaboration with a number of human service agencies to provide our community and its residents with programs that help local citizens become self sufficient.



www.caoginc.org

CHILD CARE RESOURCE & REFERRAL

Batavia Office
5073 Clinton St Rd, Batavia NY
Phone: (585) 343-7727
Fax: (585) 343-4063
Email: crrgen@caoginc.org

Orleans Office
113 East State St, Albion NY
Phone: (585) 589-5088
Fax: (585) 589-5321
Email: crrorl@caoginc.org

Child Care Resource & Referral is dedicated to enrich child care providers, parents and our communities with the knowledge on characteristics that distinguish quality child care.

*Carry out a
random act of
kindness, with
no expectation of
reward.*

Princess Diana

Recalls from the U.S. Consumer Product Safety Division

The following items have been recalled by their manufacturer:

- ◆ Strollers Recalled by Kolcraft due to projectile hazard
- ◆ Fred Meyer Recalls "Chicken Dance" Easter Chicks due to hearing damage hazard
- ◆ Pottery Barn Kids Recalls Sweet Lambie Crib Bumpers due to entanglement hazard
- ◆ Vive La Fete Recalls Children's Pajamas due to Violation of Federal Flammability Standard
- ◆ H&M Reannounces Recall of Children's Water Bottles due to choking hazard
- ◆ Avon Recalls Microwave Popcorn Maker due to burn and fire hazards; new instructions are provided
- ◆ BeBeLove Recalls Baby Bath Seats due to crowning hazard
- ◆ Chelsea & Scott Recalls Idea Baby Bath Seats due to drowning hazard;
- ◆ sold exclusively at Onestepahead.com
- ◆ Stride Rite Recalls Girl's Sandals due to choking hazard
- ◆ Optimus Recalls Portable Electric Heaters due to fire hazard
- ◆ Nap Nanny and Chill Infant Recliners Recalled by Baby Matters LLC after five infant deaths

For more information on recalls go the website:

www.cpsc.gov



Buy Buy Baby Recalls
Idea Baby Bath Seats
Due to Drowning
Hazard

