

# Child Care Chronicle

From Child Care Resource & Referral  
A Program of Community Action of Orleans & Genesee

Summer 2012

## News from the Coordinator

### CCR&R Staff:

- ◆ Lisa M Friesen- Coordinator
- ◆ Judy Martino- CC Specialist
- ◆ Taryn Moyle, CC Specialist
- ◆ Kari Powers- Trainer
- ◆ Cheryl Cotton- Health Care Consultant
- ◆ Bonnie Malakie- Director

Hello to Summer with its warm days, flowers blooming and plenty of sunshine! Good bye to cold, rainy, icy Winters!

Child Care Resource & Referral is entering it's fourth and final quarter of this contract year.

The staff has been busy completing parent referrals, preparing trainings and assisting you in every way we can.

We hope you enjoyed Kari's trainings the previous quarter. With the reduced training fee, more of you have attended and we did not have to cancel a single training due to low enrollment. Thank you all for that.

With this last quarter, I have no more grants in Genesee County, but I still have compli-

ance grants and quality improvement grants left in Orleans County. If you would like to apply for a grant, contact the CCR&R office in Orleans county. If you have vacancies, please contact us and let us know.

CCR&R is in the final stages of the Naccra Quality Assurance certification process. So far, we have passed all of our assessments: Referral, Training and Technical Assistance.

All that is left is to continue to submit documents and be done by December 2012.

Brianne Kimberly Powers has arrived on the 15th of June! Mother and baby are doing fine! To allow time for the new mommy to rest and enjoy her new family, please do not contact Kari. Thank you.



"Smile, and the whole world smiles too!"

Photo Courtesy of  
Community Action  
Head Start- Medina

Have a wonderful summer and enjoy the sunshine, it will not last!

*With Warmest Regards,  
Lisa M Friesen*

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## Kari's Korner

### !Olympics Fun!

The 2012 London Olympics are almost upon us! Celebrate the world's largest sporting event by creating a fun Olympic theme with the children in your program!

### Crafts.....



MAKE AN OLYMPICS FLAG (or flags) to have at your events or decorate your room.

Explain to the children:  
1. The five rings (circles) are interlocking on a white background. The white background symbolizes peace. The colors of red, blue, green, yellow, and black, were chosen because each nation has at least one of these colors in its national

## Kari's Korner (continued)



*'Out for a leisurely stroll'*

Photo courtesy of  
Mary Adams  
Child Care

*I'd rather regret the things I've done than regret the things I haven't done.*

*Lucille Ball*



*'I am going to be an Architect!'*

Photo courtesy of  
Batavia ABCD  
Child Care Center

2. The 5 rings represent the five major land areas of the world - (show this land areas on a map or globe). The five interlocking rings represent the continents of Africa, Australia, Europe, The Americas, and Asia.

The rings are interlocked to show friendship among the nations.

**MAKE FLAGS OF THE COUNTRIES REPRESENTED...** Decorate the room with the flags. You can also **PUT UP A WORLD MAP** with the continents of Africa, Australia, Europe, The Americas, and Asia

### **MAKE AN OLYMPIC RINGS CRAFT**

Materials:

Paper plates (five)

Scissors

Markers

Stapler

Hole punch

String

1. Cut out the center of five paper plates.
2. Use markers or paint to color each plate the color of the Olympic rings. (Color one plate blue, one black, one red, one yellow and one green.)
3. Arrange the plates in the order the Olympic rings are in the Olympic symbol. The Olympic rings on the upper row are, from left to right, blue, black and red. The

Olympic rings on the lower row are yellow and green.

4. Staple the plates together to create an Olympic rings decoration.

5. If you want to hang your Olympic rings as a decoration, use a hole punch to create two holes in the top and hang it with string.

### **OLYMPIC RINGS MURAL**

Cut five large ring shapes out of sturdy paper.

Have children work together to color or paint each ring one of these colors: red, green, black, yellow, and blue.

Arrange the rings on a plain white sheet of butcher paper and hang it up for closing ceremonies or a room decoration.

### **MAKE AN OLYMPIC TORCH**

Materials:

An empty plastic small drink bottle

Aluminum foil

Scissors

Red/yellow/orange paper

Sticky tape.

Sand paper

Cut the bottom from the drinks bottle and discard.

You may need to smooth the edges for young children. Wrap the bottle in aluminum foil, tape down any loose edges. This is the torch...

To make the FLAME...

Cut flame shaped pieces from the paper and tape to the inside of the torch. Start with small pieces at the edge that get bigger as you work in.

The **TORCH PART** can also be made from paper towel roll tubes-and covered in tin-foil...



### **MAKE AN OLYMPIC GAME MASCOT**

(Pictured are Wenlock and Mandeville ~ mascots for the 2012 Olympics starting July 27 in London~)

Materials for your own class/school/program mascots...

Put out assorted art materials such as: Styrofoam shapes, pipe cleaners, toilet paper tubes, tin foil, google eyes, paint, spangles, scraps of material, etc. Possibilities are endless)

WOW!!! Click on this link for an awesome Summer Olympics Pack full of free printables and activities for children ages 2-7!

<http://www.3dinosaurs.com/printables/packs/summerolympics.php>

## Welcome to the Infant Toddler Corner

Brought to you by the WNY Infant Toddler Resource Network

### Toilet Learning:



### There's More Than One Right Way

Toilet learning is practiced differently throughout the world. Culture affects everything we do and say as human beings and toilet learning is no exception. Most parents begin having their toddlers practice □ toileting around age 2 □ in the United States. It is thought that this is when the majority of children are beginning to have the awareness and control that is required.

About half of the world's children, however, never wear diapers and are successfully using the toilet by their first birthdays. This is common practice

in Africa and Asia, where parents practice what we now call Natural Infant Hygiene or Elimination Communication (Contemporary Pediatrics, 2004). Slowly catching on in the US, NIH involves keeping an infant very close, especially as a newborn and becoming aware of the baby's cues that he or she is about to have a urine or bowel movement. When the parent recognizes a cue, he or she takes the infant to an appropriate place and holds the infant in a comfortable squatting position. Diapers are sometimes used by parents whose schedules do not allow for full-time easy access to a bathroom or appropriate outdoor area. The goal of this practice is to increase the parent/child bond, honor the infant's natural rhythms, and prevent rashes and other infections. It is not to push a

child into using the toilet independently.

As caregivers of infants and toddlers, you must strive to fully understand the culture from which each child comes and work to help each family carry out their parenting wishes. While leaving a child un-diapered while in your care may not be realistic, there are ways you can contribute. Our message here is simple: There is more than one right way to raise healthy and happy infants.

### Resources:

Schmitt, Barton D. "Toilet Training: Getting it Right the First Time." Contemporary Pediatrics, May 1, 2004

**Save the Date**  
**10th Annual Infant Toddler Conference**  
 On September 22, 2012  
 At the Conference Center  
 Niagara Falls in Niagara



*Nothing I've ever done has given me more joys and rewards than being a father to my children.*

*Bill Cosby*



*"This is our quiet place!"  
 Photo Courtesy of Robin Gangarossa Child*

**For more information on infant and toddler care, please contact the:**  
 WNY Infant Toddler Resource Network  
 1000 Hertel Avenue  
 Buffalo, NY 14216  
 1-866-281-4739 x 3065  
[www.wnyinfanttoddlersolutions.com](http://www.wnyinfanttoddlersolutions.com)



*"We know how to share!"  
 Photo Courtesy of Batavia ABCD*

## Lisa's Labyrinth



"Hurry!! We have only a minute to win it!!"

Photo Courtesy of Gene-see YMCA

Do you remember the game of Builders & Bulldozers, (description on page 9)? Well this version is for school-agers:

### Builders & Bulldozers:

#### Preparation:

- ◆ Obtain or make construction cones.
- ◆ Spread cones out in a large area
- ◆ Split children into two teams, one Builders, the other Bulldozers



#### Directions:

1. Set a timer for 5 minutes (10 or 15?)
2. Say Go!
3. When the timer go off, yell freeze.
4. Count the cones that are up and down.
5. The Builders win when most of the cones are up.
6. The Bulldozers win when most of the cones are down.

### Snakes in the Gutter

#### Directions:

Depending on the number of kids, make at least three kids the snakes. Have the snakes form the gutter by standing in a line with wide

spaces between them, facing the rest of the kids, who should be at a distance. The adult in charge (or a child) yells, "Snake in the gutter!" The children attempt to run through the gutter without being tagged by a snake. Those who get tagged are now snakes and stay in the gutter. Those who make it through can make another run through the gutter. But anyone who was tagged must join the snakes. Continue the game until everyone has been caught.

### Wizards, and Elves

This is a game for older children. This is a whole-body game based on Rock, Paper, Scissors. Before you begin, explain these rules to the players:

- ◆ Giants conquer wizards. To be a giant, raise your arms high above your head.
- ◆ Wizards conquer elves. To be a wizard, make a triangle with your arms over your head (like a wizard hat).
- ◆ Elves conquer giants. To be an elf, place your hands alongside your ears with index fingers extended.



#### Directions:

1. Divide the kids into two teams with a space of about 4 feet between them.
2. Direct each team to retreat a few feet for a huddle to decide which they will be: giants, wiz-

ards, or elves.

3. In their huddles, each team decides what they will be, plus a backup choice.
4. Then they come back to their 4-feet-apart stance.
5. On a count of three, each team yells what they are.
6. If one team yells "Elves!" and the other yells "Wizards!," the wizard team will chase the elves to their safe zone (you can mark these with cones or use a tree or other found object).
7. Anyone who is tagged becomes part of the opposing team.
8. If both teams yell the same creature, they do it over using their backup choice.

### Crows and Cranes

This is a simpler version of the previous game for younger children.

#### Directions

1. The adult designates one team as Crows and the other as Cranes.
2. The teams line up in the same fashion as above.
3. The adult chooses the chaser team by yelling either "Crows!" or "Cranes!"



4. If crows are selected, they chase the cranes
5. If the cranes are selected, they chase the crows.



To be good, you need to believe in what you're doing.

Billy Crystal



All Aboard!!! Photo Courtesy of Life's Little Stages



**Activity ideas  
for children:**

1. Visit your city's website. If you do not know the website address, find it on a search engine. Type your city name and state in the search bar. Click "Search" and click on your city website link in the search results
2. Click in the "Search" bar on the city website and type "Summer Activities" if the listing of summer activities is not listed on the front page of the website. Browse through the listing of activities and look for the free activities that interest you. If you do not have the internet, you can contact your city activity committee over the phone.
3. Open your local phone book and visit the "Recreation" section. Contact the numbers next to the activities and ask the person that answers about any free activities for the summer. You can also find out about other free summer activities by looking at your local community board. Visit your local grocery stores, libraries and post offices and ask a service representative where

the community posting board is located. Look through the local advertisements for free summer activities that you may like.

4. When it rains outside and the children are looking for something to do...Build a "fort" in the living room. Visit your local stores that give cardboard boxes away. Color them, and cut "windows" out for them to look through. A living room "fort" could be as simple as a few kitchen chairs gathered in a circle with a large bet sheet thrown across them and draped to the floor. The kids can read books, or pretend they are camping out in the living room.
5. Create a "mini-me". Find a piece of large poster board wide enough for your kids to lay down on. Use a dull pencil, (less chance for boo-boos), to trace their body to the paper. Now let the kids decorate the kids to look like themselves in the same clothes they are wearing, same color eyes, hair, etc. When they are finished, help them cut out their mini-me for proud display.



Children can really enjoy having their "own special place", (especially certain children).

6. This sunflower area can seem very special, and private to a child, yet be in full



view of their child care provider. What a perfect combination! It's just the right spot to read, have a picnic, or tea party, play with dolls, or matchbox cars, etc. etc. To build this wonderful little "Sunflower house" all you need is a handful of seeds, a garden area to grow the sunflowers, and a few gardening tools. Plant after the last frost. Use a mix of Mammoth sunflower seeds (for Height) and Teddy Bear or Dwarf sunflower seeds (to fill in the walls). Following package directions for planting, set the seeds in a horseshoe shape. Choose a sunny spot where the soil is dry and drains well—sunflowers can take the heat but will suffer from overwatering.



*"I am learning how to drive! Yippee!!"*  
Photo Courtesy of Mary Adams Child Care

*Life opens up opportunities to you, you either take them or you stay afraid of taking them.*  
Jim Carey



*"We're taking a break!"*  
Photo Courtesy of Community Action Head Start- Medina

# TARYN'S THINGAMAJIGS



*"Push! Push!"*  
Photo Courtesy of  
Mary Adams Child  
Care

*Find something in  
life that you love  
doing. If you make  
a lot of money,  
that's a bonus.*

*Jeff Foxworthy*



*"He likes me, he really  
likes me"*  
Photo courtesy of  
Carries Weis' Life Little

Summer vacation is the perfect time to get your children interested in some hands-on science experiments, from playing with water and flowers in the younger grades to causing chemical reactions and solving scientific mysteries in the upper grades. With all the time for child-directed learning and hands-on experimentation, summer is a kid scientist's dream come true!

Here are just a few experiments to start you off on a Summer Science Spectacle!

## *Ivory Soap Explosion*

### WHAT YOU NEED:

Bar of Ivory soap



Microwave  
Plate or towel  
**WHAT YOU DO:**  
Cut the bar into quarters. Put 1/4 piece of soap into microwave and heat for 1-2 mins.

## *Grape Caterpillars!*

Simply thread grapes onto a skewer and attach mini chocolate chips with a bit of icing for the eyes. The children could easily help with this snack!



Use the plate/towel to minimize the mess! Watch what happens! The reaction happens quickly so watch it and stop when appropriate. Now explore through smell, touch and play!



## *Raised Salt Painting:*

### WHAT YOU NEED:

Table salt  
White glue  
Watercolors  
Thick paper

### WHAT YOU DO:

Have kids squeeze a design onto the thick paper with white glue. Once design is complete, shake table salt over the entire piece. Now let the magic begin! Gently touch the tip of your wet paint brush to the salt. Try not to "disturb" the glue by dragging your paint brush. Once the glue is completely dry, your painting will sparkle beautifully

## *Ick Can Stick! Make Milk Glue*

### WHAT YOU NEED:

A tall, clear glass  
Non-fat or skim milk  
White vinegar



Coffee filters or paper towels

2 pieces of paper

## *A Quick Laugh*

- Q: Where do fish put their money?  
A: In riverbanks!  
Q: What is a tornado's favorite game?  
A: Twister!



## *WHAT YOU DO:*

In a glass, put seven tablespoons of non-fat or skim milk. Make sure to use low-fat milk because whole milk contains more fat, which can change the experiment results. Add a tablespoon of white vinegar to the milk; you should see solids begin to form that are suspended in the liquid. The solids will have a grainy appearance.

In a about a minute, the mixture will separate and settle toward the bottom of the glass. Then drain the liquid off, using a coffee filter or paper towel. Now, pat the solids with a paper towel to absorb any excess liquid. You can use the resulting slimy substance as glue! Last, coat two pieces of paper with the milk slime, stick them together, and let it dry. How well does your homemade glue work compared to tape or other glues?

## News from the Director

It 's hard to believe we are already in the middle of summer ! I hope you are all enjoying the time you have with the children. Please try to take some time for yourself during the next month as everyone needs to enjoy the beauty of our summer weather in Western NY.

As Lisa has said, she and the staff have worked very hard on the NACCRRRA Quality Assurance and they have all done an excellent job. We continue to hope that the changes we have made will benefit all of you and provide an even higher level of quality service from the CCR&R program.

The grant for the next 5 years of CCR&R services was submitted to OCFS in late June. Every 5 years all CCR&R's in the state have

to reapply for their program. The new grants take effect on October 1, 2012. This year the money given to CCR&R's was reconfigured and many programs throughout the state, including ours, have a decrease in funding. Also, there are some new milestone categories and expectations. Prior to October 1st we will meet with the Advisory Committee and again with staff to figure out how we will implement the changes. We will then send you a letter so you know what to expect in the new year. This is very difficult as more is being expected of Providers at all levels and we are being given less resources to help you do that. However, we are very committed to providing you

with what you need to continue providing your services .Please contact Lisa or me at bmalakie@ caog-inc.org if you have any questions after you receive the letter There was nothing we could do to obtain more money as the amount was based upon a formula used throughout NY.

I want you all to know that Community Action's Board of Directors, Ed Fancher, Executive Director and I appreciate what a difference you make in the lives and development of children and in assuring that parents have competent care while they are at work. Thank you for your dedication and all you do!

**Bonnie Malakie,**  
Dir. of Children & Youth  
Community Action



*"I'm real busy now, we can take pictures later"*

Photo Courtesy of Batavia ABCD

*Sticks and stones may break my bones, but words will make me go in a corner and cry by myself for hours*

*Eric Idle*

## The Plays the Thing

*Play in the Early Years finds that:*

**High-quality preschools provide lasting benefits.**

- ◆ **Play contributes to school success in many ways.** Through play, children develop representational competence, oral language and narrative understanding, positive approaches to learning, logic, self-regulation and social negotiation.
- ◆ **The teacher is the key** to the play-centered curriculum. Teachers use keen observation to assess and

- support children's learning and development through play. Teachers facilitate play through responsive interactions with children.
- ◆ **Includes policy recommendations** for national, state, and local policymakers:
- ◆ Adopt preschool learning standards/foundations that identify play as the primary method for early learning
- ◆ Require the adoption of preschool curricula that emphasize play and child-

- initiated activities
- ◆ Fund in-depth training and ongoing education for early childhood educators and elementary school teachers about methods for using play to promote learning
- ◆ Establish parent education programs that explain the importance of play to cognitive development

Require assessment based on teacher-documented observations of children during play. Rule out high-stakes testing of preschool children.



*"Ring around a rosie A pocket full of posy"*

Photo Courtesy of Albion YMCA SACC

## For the Health of It



*"First you stir this, then you add this, then you..."*

*Photo Courtesy of  
Genesee YMCA*

*Tomorrow hopes we  
have learned  
something from  
yesterday.*

*John Wayne*

### Thick Vegetable Soup

#### Ingredients

- ◆ 2 tbsp olive oil
- ◆ 4 carrots, chopped
- ◆ 2 onions, chopped
- ◆ 4 zucchini, chopped
- ◆ sea salt and freshly ground black pepper
- ◆ 28 oz can whole tomatoes, chopped
- ◆ 4 garlic cloves, chopped
- ◆ 4 cups hot vegetable stock
- ◆ 1 tbsp finely chopped rosemary leaves
- ◆ parsley, chopped

#### Preparation

1. Heat the oil in a large pan,
2. Add the onions, and cook over low heat for 6-8 minutes or until soft.
3. Season with sea salt and pepper
4. Add the garlic, rosemary, celery, and carrots and cook over low heat, stirring occasionally, for 10 minutes.
5. Add the zucchini and cook for 5 minutes

6. Stir in the tomatoes and squash with the back of a fork.
7. Add the stock, bring to a boil, then reduce to a simmer and cook for 20 minutes.
8. Season with salt and pepper, then stir in the parsley.
9. Serve with bread

### Meatball Soup

#### Ingredients

- ◆ 6 cups water,
- ◆ 1 tomato, finely chopped
- ◆ 1/3 cup brown rice
- ◆ 1/2 onion, peeled and finely chopped
- ◆ 3 low-sodium chicken or beef flavored bouillon cubes or 1 tablespoon low-sodium bouillon powder
- ◆ 1 large egg
- ◆ 4 sprigs fresh oregano, finely chopped or 1 tablespoon dried oregano
- ◆ 1/2 teaspoon salt
- ◆ 8 ounces lean ground beef, turkey or chicken
- ◆ 2 cups chopped, fresh vegetable mix (carrots, celery, and broccoli)

#### Preparation

1. In a large pot, combine water, rice, bouillon cubes, and oregano. Bring to a boil over high heat.
2. Stir to dissolve bouillon. Reduce heat to low and simmer.
3. Meanwhile, in a separate, larger bowl, mix ground meat, tomato, onion, egg, and salt. Form this mixture into 12 large meatballs or 24 mini meatballs
4. Add meatballs to broth mixture and simmer 30 minutes.
5. Add vegetables.
6. Cook 10 to 15 minutes or until meatballs are cooked and rice and vegetables are tender.
7. Serve hot.

*Enjoy,  
Cheryl Mills  
Public Health Nurse  
Orleans County Dept. of Health  
For More recipes click on this link:*

<http://www.ivillage.com/soup-recipes/3-6-293989?nclid=P1|10->

## Safety First



*"We are reading the Cat in the Hat book"*

*Photo Courtesy of Batavia  
ABCD Child Care Center*

The Consumer Products Safety Commission (CPSC) has made a study on safety in child care facilities. This study explained safety issues facing child care providers every day. First on the list is cribs. Cribs should be the one place you can put a baby and walk away. You must follow all state regulations on all the cribs in you site. Next is playground surfacing. There needs to be a

soft cushion of mulch under the equipment to prevent injury. Six inches of mulch is what is required. Third on the list is child care gates. Gates should be used to prevent children access to potential dangerous hazards, like fire places or stairs. Fourth in the list is cords. Cords from blinds, sweat-shirts or necklaces. One child every month is strangled from window cords in

the U.S. Don't let your children become a statistic. Last on the list is to always know what toys and items have been recalled. Remove recalled toys and items and follow the instructions on the www.cpsc.org to exchanged or 'fix' your item.

Safety should always be your first priority when caring for children.

WNY Infant Toddler Resource Network Newsletter



"I'm competing in the decathlon!"

Photo Courtesy of Carrie Weis' Life's Little Stages

Your local Child Care Resource and Referral Agency is packed with valuable information on a variety of topics. Additionally, each agency contains several past caregivers along with current parents, grandparents, and other family members of infants and toddlers. This month, we've asked them to share some of their favorite activities to do with their little ones. Enjoy!

**Builders and Bulldozers**

1. Lay traffic cones out on play area. (Consider having children make them)
2. Assign children to be a bulldozer or a builder.
3. Explain that the builders put the cones up, the bulldozers, knock them down.
4. Say go! Just sit back and relax. This game is a hoot! There are no winners or losers and if a child builds instead of bulldozers, who cares?

Lisa M Friesen, Community Action of Orleans and Genesee, Inc.

... and if a child builds instead of bulldozers, who cares?



If opportunity doesn't knock, build a door.

Milton Berle

**My Own Space**

"When you don't have a box a laundry basket will do! Baby McKenzie enjoys her own space with some of her favorite toys a soft

blanket to sit on and ability to see all that is going on. Since she is 7 months old, she is exploring the holes in the basket as her Grandma sits beside her keeping her safe."

Debbie Kopack, Child Care Resource Network



**Stick, Stack, Stuck!**

"I used to love to put contact paper on the floor or table sticky side up, and stick different textures to it. Now this can be tweaked depending on the developmental level of the toddlers. They can stick stuff on themselves as well. You can stick pretty much anything that would not be able to be swallowed or could cut or hurt them. I used to like to dig through the craft scrap box to find stuff to put on it. I also liked to tweak it for the babies by putting the contact paper with the stuff on it turned over and stuck to the floor, so they could just crawl over it and feel the difference in the floor."

Christen Mustico, Child Care Resource Network



"Mommy, I got to play with a firefighter!!!"

Photo Courtesy of Community Action



*"You have our  
full attention"*

Photo Courtesy from Jen's  
Precious Gems

*I have seen what a  
laugh can do. It can  
transform almost  
unbearable tears into  
something bearable,  
even hopeful.*

*Bob Hope*

## June is National Dairy Month

Celebrate National Dairy Month by focusing on foods from MyPlate's Dairy Group.



Foods included in this group are milk, flavored milk, pudding made with milk, frozen yogurt, ice cream, yogurt, hard cheese

like cheddar and Swiss, soft cheeses like ricotta and cottage cheese and processed cheese like American.

All of these foods are a good source of calcium. Everyone aged 9 and older needs 3 cups from the dairy group each day. Children aged 2-8 need 2 1/2 cups each day and children 2-3 need 2 cups each day.

Having trouble fitting in your 3 cups each day? Try

these ideas: Serve low fat or fat free milk at each meal; ask for low fat or fat free milk in your coffee; add low fat or fat free milk to hot cereals and cream soups in place of water; enjoy a low fat or fat free yogurt for a snack or use plain yogurt to make a dip for vegetables or fruit.

*This Article  
by courtesy of*



**Cornell University  
Cooperative Extension**

## Look for Strawberries This Month

Fresh, local strawberries are ready in June. You can buy them at road side stands, farmers' markets, farm stands and some local supermarkets. Looking for a fun family activity? Try picking strawberries at a U-Pick farm. Many U-Pick locations are family friendly. One cup of strawberries has only 50 calories, more than 100% of your daily need for vitamin C. Strawberries make a great snack, addition to a brown bag lunch or sliced and added to a green salad. Store unwashed strawberries in your refrigerator and wash them right before you eat them. Strawberries can easily be frozen and stored to eat over the winter.

*Article Courtesy of Cornell Cooperative Extension*

### OCFS Training Topics

1. Principles of Early Childhood Development
2. Nutrition & Health Needs of Infants & Children
3. Child Day Care Program Development
4. Safety & Security Procedures
5. Business Record Maintenance & Management
6. Child Abuse & Maltreatment Identification & Prevention
7. Statutes & Regulations Pertaining to Child Abuse & Maltreatment
8. Statutes & Regulations Pertaining to Child Day Care
9. Identification & Prevention of Shaken Baby Syndrome

## SUNY Video Conferences

The SUNY videoconferences for the year are:

**October 18:** Nurturing Creativity during the School-Age Years

**November 15:**  
Emergency Preparedness

**6:45-9:15 pm**

**Genesee County Location:**  
Community Action/CCR&R  
5073 Clinton St Rd  
Batavia, NY

**Orleans County Location:**  
CCR&R  
113 East State Street,

Albion NY

*To find out about the 2011 SUNY  
Video Conferences,  
please contact SUNY:*

**Online:** [www.tsg.suny.edu](http://www.tsg.suny.edu)

**Fax:** 1-518-472-5999

**Mail:** SUNY Training  
Strategies Group  
State University Plaza  
Albany, NY 12246

Before attending a SUNY Video Conference, please watch **R News** (Channels 9 or 14), **Buffalo News** (Channel 7) or listen to **WBTA** for cancellations!

## Summer Training Schedule

**Fees-** \$5 (0 - 3 hrs)

\$10 (3.5 - 9 hrs)

\$20 ( 10 hours or more)

**Times-** 6:30- 8:30 (unless otherwise specified)

**Locations-** (A) =113 East State Street, Albion

(B)= 5073 Clinton St Rd, Batavia

### Creating a Healthy Environment: Immunizations and Lead Poisoning

(2, 4, 5, 7): **July 24 (A) 6:30-8:30**

Join us for an evening with Cheryl Mills, Public Health Nurse with Orleans County. Updates and reminders regarding childhood immunizations will be presented as well as information regarding lead poisoning prevention and awareness.



### Child Abuse and Maltreatment Including SBS (6, 8, 9)

**July 26 (B) 6:30-8:30**

Join us for an evening with Sandy Wojtaszczyk, Director of Genesee County CPS as she discusses your role as a mandated reporter. We will also discuss the topic of Shaken Baby Syndrome.

### Bullying Prevention and Awareness (1, 2, 3)

**July 31 (A) 6:30-8:30**

Join us as presenter Sherri Bensley with GCASA discusses the topic of bullying and what we can do to help prevent bullying in and out of our child care program.



### The Play's the Thing... (3, 4)

**August 14 (A), August 15 (B) 6:30- 8:30**

Be prepared to get down on your knees and leap to the sky to play a series of new games and activities to teach to you little ones. Games will be geared for preschoolers to school-agers. Discussion on the safety and well-being of playing physical games, as well as age appropriateness of game content.



### Oh, Baby! (1, 2, 3, 4, 9)

**August 29 (A), September 12 (B) 6:30-8:30**

Babies change so dramatically during those first few months, and this training will focus on a baby's stages of development as well as activities to foster that development. Focus will also be spent learning the 5 "S's" to calming a crying baby, based on the book *The Happiest Baby on the Block* by Dr. Harvey Karp.



*"It is silly sock day!"*

*Photo Courtesy of  
Community Action  
Head Start- Medina*

*It is better to be a  
failure at something  
you love than to be  
a success at  
something you hate.*

*George Burns*

**\*\*\*IMPORTANT\*\*\*  
\*\*\*INFORMATION\*\*\***

Submitting Your EIP  
Application:

If your course starts between  
**January 1 and June 30,**  
You must submit you applica-  
tion **no later than June 1st**

If your courses start between  
**July 1 and December 31,**  
you must submit your  
application between  
**May 15th and December 1st**  
of that year!

Applications received before or  
after these dates will be re-  
turned!

However, the sooner the  
applications are submitted, the  
better the chances of receiving  
the scholarship!!!!

## Summer Training Schedule



*"I'm exercising!!"*

*Photo Courtesy of  
Mary Adams  
Child Care*

*Laughter has  
always brought me  
out of unhappy  
situations.*

*Red Skelton*

### Focus on the Regulations: Program Development (1, 2, 3, 4, 5, 7)

September 19 (A), September 26 (B) 6:30-8:30

This discussion-based training will provide an examination of the OCFS regulations pertaining to pertinent issues regarding topics such as developmentally appropriate practices, discipline, program capacity, and required recordkeeping pertaining to your program. Nutrition and safety considerations will also be discussed. Please come with your questions and suggestions to share with other providers!

## ITRN Baby Steps Training

*The Importance of Sensory Play for Infants and Toddlers*

August 23, 2012 (B) 6:30- 8:30

Infants and toddlers are constantly developing and learning through their senses. Sensory activities foster healthy development in a number of ways. Come and find out what children are learning through sensory experiences and discover new activities you can use in your classroom.

OCFS Training Topic 1 & 4: Principles of childhood development, including the appropriate supervision of children & Safety and Security procedures, including communication between parents and staff

## Need Help with Behavior, Program or Quality Improvement



*"We are trying out for  
the London Olympics"*

*Photo Courtesy of  
Carrie Weis'  
Life Little Stages*

Call CCR&R for help!

Kari will come to your site to observe your concern, whether it is a behavior issue, improve your curriculum or learn more about Quality Stars NY. Together, we will come up with a plan to 'fix' whatever you want. This 'fix' may include a varied training schedule-

#### Behavior:

- ◆ What do you with the mad that you feel
- ◆ Dealing with Challeng-

ing Children

- ◆ Challenging Behaviors: where to begin

#### Curriculum-

- ◆ Sensational Science
- ◆ Add it Up: Math in a early childhood program
- ◆ Music Class

#### Quality Improvement:

- ◆ Quality Child Care: what this means
- ◆ Record Keeping and

Observation, part 1 and 2

- ◆ Family Involvement: where to start

Once the trainings are completed, Kari will observe again, but this time she may do onsite modeling or demonstration, to improve specific skills. When the process is finished, your program will be improved, your staff skills and knowledge will increase. They will be prepared for anything!

## COMMUNITY ACTION OF ORLEANS & GENESEE

Batavia Office  
5073 Clinton St Rd, Batavia NY  
Phone: (585) 343-7798

Orleans Office  
113 East State St, Albion NY  
Phone: (585) 589-5605

Community Action of Orleans & Genesee operates a multi-purpose human service agency. Community Action brings together local citizens, including low-income persons, to provide their community with a voice regarding the opportunities that will best help all of their members to be self-sufficient, productive and to contribute to community life. We work in collaboration with a number of human service agencies to provide our community and its residents with programs that help local citizens become self sufficient.



[www.caoginc.org](http://www.caoginc.org)

## CHILD CARE RESOURCE & REFERRAL

Batavia Office  
5073 Clinton St Rd, Batavia NY  
Phone: (585) 343-7727  
Fax: (585) 343-4063  
Email: [crrgen@caoginc.org](mailto:crrgen@caoginc.org)

Orleans Office  
113 East State St, Albion NY  
Phone: (585) 589-5088  
Fax: (585) 589-5321  
Email: [crrorl@caoginc.org](mailto:crrorl@caoginc.org)

Child Care Resource & Referral is dedicated to enrich child care providers, parents and our communities with the knowledge on characteristics that distinguish quality child care.

*No matter what,  
words and ideas  
can change the  
world.*

*Robin Williams*

## Recalls from the U.S. Consumer Product Safety Division

- ◆ Strollers Recalled by Kolcraft Due to Fingertip Amputation and Laceration Hazards
- ◆ Strollers Recalled by Kolcraft Due to Fingertip Amputation and Laceration Hazards
- ◆ Aqua-Leisure Recalls Children's Trampolines Due to Fall Hazard; Sold Exclusively at Toys "R" Us Stores
- ◆ Safety 1st Toilet and Cabinet Locks Recalled Due to Lock Failure; Children Can Gain Unintended Access to Water and Dangerous Items
- ◆ Five Retailers Agree to Stop Sale and Recall Tots in Mind Crib Tents Due to Strangulation and Entrapment Hazard; One Death and Serious Brain Injury Reported
- ◆ Boys' Hooded Jackets Recalled by Bonded Apparel; Neck Drawstrings Pose Strangulation Hazard; Sold Exclusively at DD's Discounts
- ◆ 10 Bike-Related Recalls to Check Out Before You Hit the Road This Spring
- ◆ Reported Death, Severe Neck Injuries Prompt Recall of Banzai Inflatable Pool Slides Sold by Wal-Mart and Toys R Us
- ◆ Trampolines Recalled by Sportspower Limited Due to Fall Hazard; Sold Exclusively at Wal-Mart
- ◆ Toys R Us Recalls Imaginarium Activity Center Due to Choking Hazard



Bassinets Recalled by Kolcraft Due to Fall Hazard

For more information on recalls go the website:

[www.cpsc.gov](http://www.cpsc.gov)